

# DECLUTTER CHECKLIST

## HOME

- Kitchen
- Bathrooms
- Bedrooms
- Living Spaces
- Home Office
- Computer
- Social Media
- Cel Phone
- Garage
- Yard
- Car
- Purse

## WORK

- Desk
- Files
- Computer
- Social Media

## QUESTIONS TO HELP YOU DECLUTTER

- Is this item used regularly?
- Is it something you love?
- Do you obligated or expected to keep the item?
- Keeping it just in case?
- Is it a multiple item?
- Could something else I have do the same job?
- Is it broken?
- Is it worth the time you spend cleaning and storing it?
- Could I use the space for something else?
- Are you ever going to use it?
- Can you sell it?